

Dr. Ram Mehar

H.No. 62, Amar-Vihar Phase-III, Amardeep Colony, Kamiri Road, Hisar – 125001
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Career Objective

Dedicated and result-oriented Physiotherapist with expertise in Neurology and extensive clinical and teaching experience. Skilled in patient rehabilitation, research, and evidence-based therapeutic practices. Seeking a challenging role in a progressive organization where I can contribute to patient care, clinical excellence, and institutional growth.

Education

- MPT (Neurology) – Jagannath University, Bahadurgarh, Haryana | 2021 | 63%
- BPT (Internship Completed) – College of Physiotherapy, PGIMS Rohtak | 2019 | 62%
- Senior Secondary (Medical) – HBSE, Bhiwani | 2012 | 84%
- Matriculation – HBSE, Bhiwani | 2010 | 66.6%

Registrations & Memberships

- Haryana State Council for Physiotherapy | Reg. No: HSCP/PT/2022/0854
- Indian Association of Physiotherapy | Reg. ID: L-500147

Professional Experience

- Physiotherapist (Department In-Charge) | Choudhary Bhram Parkash Ayurvedic Charak Sansthan, Khera Dabar, Najafgarh, New Delhi | 2 years 1 month
- Clinical Physiotherapist | Jai Ram Physiotherapy Centre, Bhiwani | 6 months
- Assistant Professor & Clinical Physiotherapist | S.B.M.N., Baba Mastnath University, Rohtak | 1 year
- Physiotherapist (Sports & Rehabilitation) | Khelo India Residential Academy, Rainbow International School, Kangra, HP | Sep 2023 – Mar 2025
- Assistant Professor & Demonstrator | S.B.M.N., Baba Mastnath University, Rohtak | Nov 2025 – may 2026

Research & Publications

- Physical Therapy Management in Swine Influenza A (H1N1) Virus – A Case Study (2019)
- COVID-19 Induced Stress and Sleep Disturbance in College Students & Young Adults – A Survey (2023)
- Effectiveness of Instrument Assisted Soft Tissue Mobilization (IASTM) on Post-Operative Knee Stiffness – A Case Study
- Patent for design SMART HIP ABDUCTION PILLOW (2024).

Certifications & Workshops

- Recent Advances in Shoulder Rehabilitation Seminar, PGIMS Rohtak (2014)
- Therapeutic Taping Workshop, Noble Heart & Specialty Hospital, Rohtak (2018)
- 1st National Sports Conference, Constitution Club of India, Delhi (2018)
- Training in Data Entry Operations, Jagannath Skill Development Centre (2019–20)
- Cranial Osteopathy Workshop, Physio-Vibes, Jagannath University (2019)
- certificate for participation in PHYSIO-VIBES-2019
- Certificate of participation in PHYSIOHARCON-2020
- 3rd International Conference on Evidence-Based Physiotherapy, India (2020)
- Orientation Program on Publication Ethics & Research Methodology (2023)
- Paper publication in International Seminar on “India and the Changing World,” Baba Mastnath University (2023)
- Certificate of participation in THE NEUROAID AND RESEARCH FOUNDATION XII(2026)

- Certificate of participation in Artificial In for future Ready academy and Research Environment (2026)

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Skills

- Patient Rehabilitation & Neurological Care
- Evidence-Based Clinical Practice
- Strong Communication & Interpersonal Skills
- Leadership & Department Management
- Research & Academic Mentoring

Personal Details

- Father's Name: Rajbir Singh
- Date of Birth: 15 June 1995
- Nationality: Indian
- Languages: Hindi, English

Declaration

I hereby declare that the information provided is true to the best of my knowledge and I shall contribute with dedication and professionalism if given an opportunity.

Place: _____

Ram Mehar